Worksheet Unit 05 - Fit and well Lesson 3



Q1.Ch	oose the right answer:
1.	When I was a child, I swim very well.
	A. could B. should C. have to D. mustn't
2.	You drink more water. It's good for you.
	A. shouldn't B. could C. should D. don't have to
3.	You eat too much sugar; it's unhealthy.
	A. shouldn't B. could C. must D. don't have to
4.	I go to training today; it's optional.
	A. have to B. don't have to C. couldn't D. should
5.	She run last year, but now she can.
	A. should B. shouldn't C. couldn't D. has to
6.	You wear your seatbelt in the car — it's the law.
	A. shouldn't B. could C. have to D. don't have to
7.	He try harder if he wants to be fit.
	A. shouldn't B. mustn't C. doesn't have to D. should
8.	You go to the gym every day — twice a week is enough.
	A. have to B. don't have to C. must D. shouldn't
9.	I eat spicy food when I was younger. I hated it.
	A. could B. couldn't C. should D. must
10.	You try skipping; it's great exercise.
	A. could B. mustn't C. have to D. shouldn't
Q2.FIL	L IN THE BLANKS
	NA#
	When he was eight, he (can't) ride a bike.
	You (give) up easily. Keep trying.
	You (drink) more water during exercise.
	We (not need) to bring equipment; the gym provides it.
5.	She (can) play tennis very well when she was young.
00 TD	

Q3.TRUE OR FALSE

- 1. "Could" is used to talk about ability in the past.
- 2. "Shouldn't" means something is forbidden.
- **3.** "Don't have to" means it's not necessary.
- 4. "Should" gives advice.
- 5. "Couldn't" means you weren't able to do something in the past.

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Answers:

Q1:	Q2:			Q3	:				
1. A 2. C 3. A	1.	Couldn't Shouldn't				True	(tha	at's mustn't)	
4. B 5. C	3.	Should			3.	True	(tile	ats mu s tri tj	
6. C 7. D	200	don't hav could	e to			True True			
8. B 9. B									
10. A									







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