The Influence of Social Media on Teenagers

Nowadays, social media plays a major role in the lives of teenagers. It is not only a source of entertainment but also a powerful tool that affects the way young people think, behave, and communicate. This essay will analyze both the positive and negative impacts of social media on teenagers.

First of all, social media provides teenagers with an easy way to communicate and stay connected with friends and family. For example, applications such as WhatsApp and Instagram allow students to share ideas and feelings instantly. Moreover, social media can be used as an educational platform. Many students watch tutorials on YouTube or join study groups online, which helps them improve their knowledge.

On the other hand, the overuse of social media has harmful effects. One major problem is addiction. Many teenagers spend hours scrolling through their phones, which reduces the time they spend studying or doing physical activities. In addition, social media sometimes creates unrealistic expectations. Teenagers may compare themselves to others, which leads to stress and low self-confidence.

Therefore, it is clear that social media has both advantages and disadvantages. The key point is how teenagers use it. If they use social media responsibly, it can be an excellent tool for learning and communication. **However**, if it is misused, it may cause serious problems such as isolation or poor academic performance.

In conclusion, social media influences teenagers in many ways. It can support education and relationships, **but** it can also cause addiction and negative feelings. All in all, teenagers should learn to control the time they spend online and use social media wisely.

> Training Question – Analytical Essay

(سؤال):Question

Write an analytical essay (150–180 words) about the following topic:

"The Advantages and Disadvantages of Online Learning for High School Students"

Instructions:

- 1. Start with an **introduction** that presents the topic.
- 2. Write **two or three body paragraphs** analyzing both the positive and negative aspects.
- 3. Use **linking words** (e.g., *first of all, moreover, however, on the other hand, therefore, in conclusion*).
- 4. Finish with a **conclusion** that summarizes your analysis and gives your opinion.